



FRIDAY			
start	end		
2:00 PM	4:30 PM	Registration Check-in Orientation	
6:00 PM	7:00 PM	Lodge	Dinner Saturday Morning Water Workshop Sign-ups
6:45 PM	7:00 PM	Welcome: MCS Steering Committee	
7:15 PM	8:30 PM	Friday Feature - You Can't Get There From Here Canoe Club Presents: Rediscovering Maine's Lost Canoe Routes	
9:00 PM	10:00 PM	Campfire	Campfire and/or Star Viewing - Weather Dependent

SATURDAY					
start	end	WATER		LAND	
		Location	Workshop	Instructor	
6:30 AM	7:15 AM				Lodge Mindfulness for Paddlers Shawn Burke
7:15 AM	8:30 AM	Lodge	Breakfast		
7:30 AM	8:45 AM	Lodge	Morning Workshop Sign-ups		
		Location	Workshop	Instructor	
9:00 AM	10:15 AM	Site A	Introduction to Canoe Poling	Kevin Silliker	Lodge Staying Found - Sourcing and Reading Maps Ben Meader
		Site B	Tandem Canoeing Fundamentals	David Butler	Vender Village Pack Basket Making Demo & Discussion Jessica Steele
		Site C	Sculling - Controlling Sideways Movement	Mike DeHart	Vender Village Paddle Carving Demo & Discussion All Day/Drop In Ken Wise & Gerry Saunders
10:30 AM	11:45 AM	Site A	Introduction to Solo Canoeing	Rory Matchett	Gym Intro to Canoeing for Kids Kids' Program
		Site B	Northwoods Canoe Stroke - Tandem	Jane Barron	Meadow Poling, Paddling, Portaging - Gearing up for Adventure Matt Hopkinson
		Site C	Women's Intro to Canoe Poling	Jean Gerber	Lean-To Campfire Cooking David Lewis
		Site D	MaCKRO Canoes	Kids' Program	Lodge Why canoes in the Old Town, Maine area? Benson Gray
12:00 PM	1:00 PM	Lodge	Lunch Afternoon Workshop Sign-ups		
1:15 PM	2:30 PM	Site A	Tandem Canoe Skill Building for Women	Leah Titcomb	Lodge Deck B Food Prep, Dehydration, and Packaging For Extended Trips Monica Schnitger
		Site B	J-Stroke, Duffek, and other Helpful Strokes	Dave Butler & Ben Meader	Lodge Deck A Sketching - Capturing Moments in Nature - Sign-up Jean Gerber
		Site C	English Gates - Canoe Skills Practice Course	Keith Attenborough	Lodge Presentation: FlyFishing Labrador Kate Farnham
		Site D	Swim Time OR Tandem Canoeing	Kids' Program	Meadow Ropes and Knots for Canoe Outfitting Jeff DeHart
2:45 PM	4:00 PM	Site A	Canoe Safety & Recovery	Rory Matchett & Kevin Silliker	Lean-To Canoe Sailing - Practical Rigging for Canoe Trips Benson Gray
		Site B	Women in the Stern	Polly Mahoney	Lodge Star Stories for Camping Trips John Meader
		Site C	Tandem Canoeing Intermediate	Shawn Burke & Monica Schnitger	Soccer Field Flyfishing Casting Lesson - Sign-up Kate Farnham
					Lodge Deck A Getting Started With Trip Journaling Allison Donohue
4:15 PM	5:30 PM	Lodge	Silent Auction Canoe Trip Advice Social Hour		
5:45 PM	6:45 PM	Lodge	Dinner Sunday Workshop Sign-Ups		
7:00 PM	8:30 PM	Meadow	Kid's - Campfire S'mores & Storytime Flashlight Tag		
7:00 PM	8:30 PM	Lodge	Saturday Feature - Penobscot River Paddling Trail		
8:20 PM	10:00 PM	Campfire	Campfire Star Viewing - Weather Dependent		

SUNDAY					
start	end	WATER		LAND	
		Location	Workshop	Instructor	
6:30 AM	7:15 AM				Dock or Gym Morning Yoga for Paddlers Leah Titcomb
7:15 AM	8:30 AM	Lodge	Breakfast Morning Workshop Sign-ups		
		Location	Instructor	Workshop	
9:00 AM	10:15 AM	Site A	Style Paddling in Fullsize Canoes - Solo Canoe	Rory Matchett	Lodge Presentation: East Machias Loop Trip Matt Hopkinson
		Site B	Introduction to Canoe Poling	Kevin Silliker	Meadow Quick and Effective Tarps and Shelters Jeff DeHart
		Site C	Pattee Pond Canoe Tour - Group Paddle	Dave Lewis & Jane Barron	Soccer Field Flyfishing Casting Practice - Sign-up Kate Farnham
		Site D	Open		Lean-To Campfire Donuts Andrew Dawson
10:30 AM	11:45 AM	Site B	Finding Balance in your Canoe	Leah Titcomb	Lean-To Fire Safety, Camp Cooking, & Campfire Donuts Kids' Program
		Site B	Topics in Canoe Poling - Skills Development	Matt Hopkinson & Jean Gerber	Waterfront Cartopping & Canoe Transport Dave Lewis
		Site C	Voyager Canoe Paddle	Various	Gym Canoe Hulls - Choosing Your Next Canoe Keith Attenborough
		Site D	MaCKRO Canoes	Kids' Program	Lodge Science of Paddling Shawn Burke
12:00 PM	1:00 PM	Lodge	Lunch Door Prizes Evaluations		
1:15 PM	2:30 PM		Pack-up & Depart		